

Painting Lifelike Portraits from Photos – Supply List

Instructor: Susan Ploughe

Venice Art Center

January 23 – 25, 2019

9:30 am – 3:30 pm

You do not need to have any skill to take this workshop, but it is very important that you have painted enough to be comfortable with your materials. It would be helpful to paint some faces before you take the workshop.

Oil Paints

These are the colors I currently have on my palette. **You do *not* have to have the exact same ones.** I want you to use what you are comfortable with, as long as they are similar. If you have additional colors on your palette that you like to use, feel free to bring them. (A lot of people are replacing their cadmium colors with other alternatives because of their toxicity; I will probably do the same once I use up what I have in stock).

Titanium White*	Viridian
Cadmium Yellow Light*	Sap Green*
Cadmium Orange*	Yellow Ochre
Cadmium Red Light	Raw Sienna*
Phthalo Red Rose (Grumbacher)	Burnt Umber
Alizarin Crimson Permanent*	Transparent Oxide Red (Rembrandt)–like Burnt Sienna, but transparent*
Ultramarine Blue*	Radiant Violet (Gamblin) – this is an <i>extremely</i> useful color for portraits
Manganese Violet (Gamblin)	

*If you would like to use a more limited palette, bring the colors marked with an asterisk

Brushes

If you already own brushes, bring a variety of sizes and shapes that you like to use.

If you need to buy brushes, I suggest the following:

- **Natural or synthetic bristle brushes, size 2, 4, 6, 8, 10.** These are fairly stiff brushes. Filberts or flats, or a combination. (I use mostly Silver Bristlon Series 1901 flats, but that is just personal preference). Robert Simmons makes good hog bristle brushes, and Silver Bristlons and Rosemary Ivory Series are good synthetics. Get the best brush you can afford.
- **One or two smaller bristle or synthetic bristle rounds** (pointy brushes, sizes 0,1) for detail
- **A couple of soft brushes, flats, maybe ½" and 1".** These don't have to be expensive brushes – just make sure the hairs won't fall out and that they can stand up to solvent.

Canvas

- **4-6 canvas boards – 12 x 16 inches each.** You will be doing lots of small studies on these, plus some larger paintings. Student grade is fine; that is what I will be using for my demos. You may use stretched canvas, but boards are easier to transport. If you prefer to work on gessoed panels, feel free. (If you are flying, you could bring 8 - 10 smaller (9x12 or 8x10) panels for easier transport).
- **I might decide to bring a linen or other surface for you to try.** Cost would be about \$10.

Wet Panel Carrier – to get your paintings home. If you are driving, you can just lay them out on cardboard or in pizza boxes. For a more protective solution, check out PanelPak or Raymar.

Painting Knife – Bring one, or more if you have them

Palette – preferably not white. If you use paper palettes, buy the grey ones.

Solvent – Must be completely odorless. I recommend Gamsol Odorless Mineral Spirits (Gamblin).

Container for Solvent

Paper Towels – good absorbent ones – Viva, Bounty or blue shop towels

Masking Tape – for dividing your canvases for small studies. Some people like to use blue painter's tape, but the strong color interferes with the color relationships on your canvas, so I would rather you not use it.

What to Expect

Day One will start promptly at 9:30 with a demo, so plan to be there by 9:00 so you can get set up. I will do additional demos throughout the three days.

You will be doing a number of exercises. Don't expect to take home finished portraits.

I will provide the reference photos for each exercise.

On Day Two you can bring in several photos that you are thinking of using as a reference for a portrait painting. We will analyze them together, but you probably will not use them during the workshop. You may also bring in a portrait painting (or a photo of it) that you have done and we can discuss it.

Plan to paint standing up, if you are able.

If you have any questions, feel free to contact me. 847-726-0816 susanploughe@gmail.com

Susan Ploughe
(Ploughe rhymes with blue)!